

MENTAL HEALTH FIRST AID TRAINING

Courses to be held on:

25 & 26 November 2008

10 & 11 February 2009

(Course duration is 2 days)



VENUE: Training Room 1
Anglican Care, Toronto Road, Booragul 2284

TIME: 9:00am to 4:00pm (Parking available / map can be provided)

CATERING: Morning / Afternoon Tea & Lunch provided
(please advise any special dietary needs required)

COST: \$330.00 per person (includes GST and All materials)
(cheque only accepted & made out to Anglican Care)

RSVP: Request an Application form from Paula Bond— Tel: 4958 0084
or email: PaulaBond@anglicancare.com.au

TARGET GROUP: Managers, Supervisors, Team Leaders, Return to Work Co-ordinators,
HR Personnel

THIS COURSE IS FULLY ACCREDITED

What is Mental Health First Aid?

First Aid is the help given to an injured person before medical treatment can be obtained.

Mental Health First Aid is the help provided to a person developing a Mental health problem or in a Mental health crisis. The first aid is given until appropriate professional treatment is received or until the crisis resolves.

For further information about MHFA: www.mhfa.com.au